

Using a Trauma Informed Lens

PERSONALLY, PROFESSIONALLY & PURPOSEFULLY

Presented by SLO Trauma Informed Champions of

Change

Friday, July 20th 2018

**French Hospital Copeland Health
Education Pavilion - 3rd Floor, 1823
Johnson Ave., San Luis Obispo, CA**

CHECK-IN: 8:00AM - 8:30AM

TRAINING: 8:30AM - 4:30PM

6.5 contact hours (BBS & BRN)

Training is FREE

**Morning & afternoon snacks, coffee, tea,
and water will be provided.**

REGISTRATION LINK:

<https://sloco.wufoo.com/forms/zzi2fsk0t2kv8c/>

Who should attend:

Direct Care Staff, Therapists, Counselors, Resource
(Foster) Parents, Social Workers, Teachers, Law
Enforcement Staff, Support Staff, Agency
Supervisors and Managers.

Registration, Accommodations or CEU questions?

Contact: Caroline Johnson

San Luis Obispo County

Behavioral Health Department

cmjohnson@co.slo.ca.us

Grievance, Refunds or Cancellations?

Please contact cmjohnson@co.slo.ca.us to provide you
with our Grievance Policy & Procedure, Refunds &
Cancellations.

County of San Luis Obispo Behavioral Health Department
is approved by the California Association of Marriage and
Family Therapists to sponsor continuing education for
behavioral health professionals. County of San Luis Obispo
Behavioral Health maintains responsibility for this
program/source and its content.

Please allow 2 weeks for completion of training and evaluation to receive certificate. San Luis Obispo Co. Mental Health Provider
approved by the California Board of Registered Nursing, Provider #1857, for 6.5 contact hours. San Luis Obispo Co. Behavioral
Health meets the qualifications for 6.5 hours of continuing education credit for MFTs, LPCCs, and/or LCSWs as required by the
California Board of Behavioral Sciences, Approval #55442.

BACKGROUND

Trauma Informed Care (TIC) integrates core principles
of neurodevelopment, trauma and attachment with
mindful healing to support a comprehensive approach
that can be used by clients, providers, and community
members.

This training is designed to support a shift in thinking,
perception, and behavior. Looking through a Trauma
Informed Lens means being sensitive to the impact of
trauma on others and yourself, understanding and
utilizing tools to support self and others in regulating
during times of stress; as well as identifying and
supporting the system change needed to reduce re-
traumatization. Continuing our efforts toward a
Trauma Informed SLO County will enhance resilience,
increase connection and support stability within our
community.

Continuing the call to action for a Trauma Informed SLO

OBJECTIVES:

1. Increase awareness of the widespread impact of
Trauma and enhance understanding of at
least 1 potential paths for recovery.
2. Recognize 3 signs and symptoms of trauma in clients,
families, staff, ourselves, and others in the community.
3. Identify and use 1 new tool to integrate Trauma
Informed philosophy into our professional relationships,
policies, and procedures.
4. Identify 2 ways to reduce re-traumatization in clients,
families, staff, ourselves and others in the community.

TRAINERS: Courtney Wagner LMFT, Julie

DeFranco MSW, L. Michele Simone LMFT,

Rebecca McGarigle LCSW, MSW, Elissa Feld &

Daniel Carlisle LMFT

